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Seen by Appointment Only

INTAKE HISTORY & BACKGROUND INFORMATION

Date _____

Client Information:

Child's Name _____

Child's D.O.B _____ SSN _____

Primary Home Address _____

City _____ State _____ Zip _____

Guardian Information:

Name _____

Home Phone _____

Work Phone _____

Cell Phone _____

Please circle or asterisk your preferred telephone contact number.

May I leave a message on your preferred number, above? Yes/No

E-mail _____

Is this a private/secure e-mail account? Yes/No

Name(s) of those living in household	Relation to Client (Child)	Age
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

How were you referred?

Has your child had previous counseling? Yes / No

With Whom? _____ When? _____

Briefly describe the issues or difficulties for which you are seeking help:

Medical History Questionnaire:

Current Physical Health—On a scale of 1 (very poor) to 10 (excellent) how would you rate your present health? (circle one)

1 2 3 4 5 6 7 8 9 10

Who is your primary care physician?

What prescription medications are you currently taking?

What non-prescription medications are you currently taking?

Mental Health Questionnaire:

Please answer each of the questions below by circling the appropriate number appearing at the right side of the page. Each of the items should be answered according to how you currently feel, or have been feeling in the last few weeks:

Poorly

Very Well/Good

How well is your child sleeping?

1 2 3 4 5

	Low				High
How would you describe your child's energy level?	1	2	3	4	5
How high is your child's current stress level?	1	2	3	4	5
How does your child's future look to them?	1	2	3	4	5
How would you describe your child's recent moods?	1	2	3	4	5
How does your child generally feel about themselves?	1	2	3	4	5

Does your child typically worry a great deal? Yes / No

Have they been very nervous or anxious recently? Yes / No

How would you describe your child's relationship with their:

		Poor			Excellent
Parents	1	2	3	4	5
Siblings	1	2	3	4	5
Extended family	1	2	3	4	5
Friends	1	2	3	4	5

Do they have trouble concentrating? Yes / No

Do they have trouble making decisions? Yes / No

Do they have trouble remembering things? Yes / No

Who may I contact in case of emergency?

1) Name _____

Phone _____

2) Name _____

Phone _____

Is there anything else you would like for me to know about your child?
